
**BOROUGH OF SPRING LAKE HEIGHTS
BOARD OF HEALTH**

MINUTES

OF

November 6, 2014

SILENT REFLECTION AND SALUTE TO THE FLAG

1. ROLL CALL: 7:30 P.M.

CHAIRPERSON	LEONARD GILES - Present
VICE CHAIRPERSON	DORIS MCKEOWN - Absent
MEMBERS	VICKI HANLON - Absent
	KATHRYN MOLOUGHNEY - Present
	PATRICIA SKUBON - Present
HEALTH INSPECTOR	MIKE KOWAL
SECRETARY	MARY ELLEN KARAMUS

2. THIS MEETING IS CALLED PURSUANT TO THE PROVISIONS OF THE OPEN PUBLIC MEETING LAW. NOTICE OF THIS MEETING WAS POSTED ON THE BOROUGH OF SPRING LAKE HEIGHTS WEBSITE AND ON THE BULLETIN BOARD IN THE MUNICIPAL BUILDING.

3. MOTION TO APPROVE AGENDA:

- Motion made by Board Member Moloughney; Seconded by Board Member Skubon

3. MOTION TO APPROVE MINUTES OF PREVIOUS MEETING OF:

- September 4, 2014 meeting Motion made by Board Member Moloughney; Seconded by Board Member Skubon. (Chairman Giles abstains.)

4. DISCUSSION ITEMS:

- Health Fair – Meridian should be contacted again to see if they are willing to provide dates in the Spring before we can proceed. Chairman Giles asked if Flu Clinic was coordinated with the Health Fair in the past; Mike Kowal indicated that it had been held the same day in the past, but there was not a benefit in terms of clinic attendance when they were held at the same time and date.
- Chairman Giles asked if anyone had any questions regarding the Health Officer report.
- Chairman Giles inquired about the status of Ebola. Board member Molougheny asked if there were any cases in New Jersey. Mike Kowal responded that there were no confirmed cases in New Jersey, but that there was monitoring of flights into Newark and there is a procedure where a CDC “care package” is given out to persons who may need to be monitored more closely. Those persons are asked where they are going to stay in the United States. That way the Health Department can be notified of a person’s condition for the next 21 days. Those persons are asked to take temperatures 2 times a day and notify the Health Department if there are any symptoms such as fever. They are also advised that if they have symptoms, they are to go to the hospital by calling EMS, and not going on their own. Mr. Kowal also reported that 103 people are being monitored in New Jersey; Monmouth County, 5. The most monitored areas are Mercer and Essex Counties. Chairman Giles asked about if these are people from certain countries and/or there had been contact with people as criteria for monitoring. He also asked if someone were a caretaker for someone with Ebola, would that be someone who would be monitored. Mike explained that there is a questionnaire after the initial intake and that is when the care package and information on Ebola would be given to the individual. He also explained, in response to the inquiry about a caretaker, that there are different risk levels. If a person were in a country that is involved, then they would be placed under active monitoring. If they had been a caretaker, then it would be direct active monitoring. Mike explained that the direct active monitoring being done would entail the person being monitored would be visited directly, almost quarantined. At this time there is no public health emergency in New Jersey and quarantine laws are basically up in the air. Authorities are waiting for guidelines, protocols from the Attorney General on quarantine regulations in New Jersey. It has never been done before. There are a lot of things that can go wrong with this to be considered such as getting food or pharmaceuticals to people in quarantine. With regard to the active monitoring relating to the 103 people currently, they can still go out. They are free to travel. They just have to monitor their temperatures twice a day. Board Member Moloughney asked if that is for the 21 days, and Mike replied yes. Chairman Giles asked if Mike had seen the proposed ordinance regarding quarantines. Mike responded no. Chairman Giles

referenced a proposed ordinance done last month that referenced quarantine protocol based somewhat on what was originally done by the State. Some modifications had been made. He mentioned that two readings were required and it had not been enacted yet. The State had not released any protocols according to Mike. Chairman Giles commented that it had been indicated that it was based on the State. Mike Kowal said that it may have been a draft. Mr. Kowal stated that there is no present law at this time and that the Attorney General does have the proposed ordinance but it has not been critiqued and signed off on. Chairman Giles stated we were ahead of the State.

Mr. Kowal also mentioned that enforcing quarantine guidelines is difficult. Where do people go who are quarantined? For police departments as of now it is volunteer security. Board Member Moloughney asked what can be done if people are not "honest" about exposure. Nancy Snyderman was mentioned and the fact that she was under direct active monitoring. Mike Kowal also mentioned that Mr. Duncan initially lied on forms when coming into the country, so that can happen. He added that you don't want to make protocol too strict such that people are scared of reporting information and so they may not be honest. Mike stressed that there are no confirmed cases in New Jersey. There had been some concern with someone flying into Newark Airport but the person was negative for Ebola.

Hospitals are doing drills. Hospitals are stating that they would transfer to Tier II hospitals such as University Medical Center in Newark; Hackensack Hospital and Robert Wood Johnson which are selected by the State as having Tier II Isolation Units.

- Chairman Giles inquired if there were any questions on the packet. There were none.
- Chairman Giles inquired if inspections were good. Mike Kowal responded yes.
- Mike Kowal was asked about the Borough Flu Clinics. Fairway Mews had 76 flu vaccines given. That is always a good clinic and the Community Center had 7. The time was reduced by a half hour at the Community Center clinic. It was discussed among the Board members how the vaccine is widely available resulting in lesser attended clinics.
- Chairman Giles informed the Board of the proposed budget for the Regional Health Commission containing a 1.01 percent increase for Spring Lake Heights which amounts to approximately \$790 if the budget passes, which means an overall increase for the entire member towns at a little over 3 percent. Chairman Giles pointed out the benefit of having the Regional Health Commission as opposed to the other option of the County; including a difference in services and the cost being higher with

the County. The cost with the Commission is 39,000 as compared to 58,000 with the County.

5. COMMUNICATIONS:

- August Health Officer Report
- September Health Officer Report
- MCRHC Fall 2014 Newsletter
- NJ Health Ebola Public Information Update (Emailed to Board Members)
- Activity Report 9/2/2014 through 10/29/2014

6. VOICE OF THE PUBLIC

7. VOICE CLOSED BY / AT : PM

8. UNFINISHED BUSINESS:

9. NEW BUSINESS:

10. ADJOURNMENT:

ON MOTION BY: Board Member Moloughney; Seconded by Board Member Skubon /
AT 7:55 PM; ALL YES

SIGNED: 
MARY ELLEN KARAMUS
BOARD OF HEALTH SECRETARY