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**BOROUGH OF SPRING LAKE HEIGHTS  
BOARD OF HEALTH**

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**MINUTES**

OF

**October 1, 2015**

SILENT REFLECTION AND SALUTE TO THE FLAG

BOARD MEMBER BARBARA ROSE IS SWORN IN BY CHAIRPERSON GILES

1. ROLL CALL: 7:32 P.M.

CHAIRPERSON	LEONARD GILES - Present
VICE CHAIRPERSON	VICKI HANLON - Present
MEMBERS	KATHRYN MOLOUGHNEY - Absent
	PATRICIA SKUBON - Present
	BARBARA ROSE - Present

HEALTH INSPECTOR	MIKE KOWAL – Present
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SECRETARY	MARY ELLEN KARAMUS - Present
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2. THIS MEETING IS CALLED PURSUANT TO THE PROVISIONS OF THE OPEN PUBLIC MEETING LAW. NOTICE OF THIS MEETING WAS POSTED ON THE BOROUGH OF SPRING LAKE HEIGHTS WEBSITE AND ON THE BULLETIN BOARD IN THE MUNICIPAL BUILDING.

3. MOTION TO APPROVE AGENDA:

Motion by Vice Chairperson Hanlon; Seconded by Board Member Skubon. All in attendance, aye

4. MOTION TO APPROVE THE FOLLOWING MINUTES OF PREVIOUS MEETINGS

Motion by Vice Chairperson Hanlon; Seconded by Board Member Skubon; Chairperson Giles, Aye; Board Member Rose Abstains.

November 6, 2014 - Regular Meeting - Approved  
April 16, 2015 – Reorganization Meeting - Approved  
April 16, 2015 – Regular Meeting – Approved

5. DISCUSSION ITEMS:

6. COMMUNICATIONS:

- MCRCH #1 Resolution No. 2015
  - Chairman Giles mentioned that the resolution regarding encouraging immunizations was approved to go to the State.
  - Chairman Giles brought up the notice that was given by the Borough regarding the County pesticide spraying. Chairman Giles did mention that there was a case of West Nile resulting in a fatality in our jurisdiction. Mike Kowal reported that it was a resident in the West Belmar area. He also said that there was another case which involved a non-resident who was an employee in Wall so the Commission was contacted but Ocean County received the notification. That case did not result in a fatality. Mike went on to state that there are cases, at least one, in each county. Vice Chairperson Hanlon asked if there were a total of 10, as she had heard. Mike responded that there are actually 13 or 14 now. Mike Kowal also told the Board that the mosquitoes are around until the first frost. Board Member Rose asked if rain helps the situation and Mike explained if it is prolonged, yes, but if there is flooding and then water is stagnated, that is not good and actually contributes to the situation. Warm weather can be a problem. Vice Chairperson Hanlon also said that there is good information on the Commission website regarding West Nile.
  
- Borough Resolution R2015-66
- Tentative Fall Rabies Clinics Schedule
  - Chairman Giles asked if our rabies clinic was posted. The Board Secretary responded yes.
  
- Spring 2015 Health Source – MCRHC #1 Newsletter
  - Chairperson Giles inquired about the Health Source newsletter and how it is distributed. The response was given by Mike Kowal that it is sent to towns and posted on the Commission website.
  
- April Health Officer Report
- May Health Officer Report
  - Chairperson Giles mentioned that the Commission is still on the path of the accreditation process and it will take approximately 3-5 years to complete. He also pointed out that the Commission is trying to do the best they can for their communities and are learning how to do that through this process.
  
- Monmouth County Health Department Flier for Free Eye Screening for Monmouth County Residents
  - Chairperson Giles pointed out that the meeting packet to the Board

included a notice that the County is doing free eye screenings. Board Member Rose said that notices were going to be put up at school as well as given to the school nurse.

- June Health Officer Report
- Summer 2015 Health Source – MCRHC #1 Newsletter
- July Health Officer Report with Dave’s Blog
- Email Threads Regarding Cat Population
- Resident Cat Complaint Correspondence with Email response
  - Chairperson Giles inquired regarding animal control fees and issues and ASPCA substantially increasing fees and agencies no longer taking dogs or cats unless a town is “full service” with them. He stated that communities are having issues and, for an example, Middletown is thinking of taking care of animal problems on their own, including building a building for animal control.
  - Chairperson Giles inquired about a situation with Chipotle. Mike Kowal responded that there was a salmonella outbreak associated with Chipotle. The problem is related to the food source, farms providing produce and not food handling issues specific to the local Chipotle. Chipotle locations in six states were identified. It may be cucumber related. Board Member Rose asked if it was public knowledge. Mike Kowal responded no because it was not that specific restaurant, but since it was a source, there has to be an investigation along with the FDA. He also mentioned that by the time the public becomes aware of an outbreak, serious illness or death has occurred. And it involves a national press release. Board Member Skubon asked if the local Chipotle had any cases and Mike Kowal responded no but there were three other Chipotles in New Jersey that were identified.
  - Chairperson Giles asked if the Borough feral cat issue has been addressed and if the Commission was involved. Mike Kowal said that the Commission is in on it and there were two different cat issues; the Oaks Apartments and the Kearny Bank site. There are still complaints of feral cats, but since someone is feeding them, it is a continuous situation. Mike Kowal pointed out that at this time there are no fee ordinances regarding feral cats. At this point, the cats can be trapped but if the ASPCA is involved, they will charge for taking the cats. Mike has heard that some animal control officers can give tickets. He also mentioned that some residents had vandalized the traps at the Oaks so that the cats can be freed and not trapped. Chairman Giles asked if the resident who had written her complaint and request for help had had any success and Mike said he has not heard from her since he had spoken to her about possible solutions.
- August Health Officer Report
- MCRHC #1 Ordinance 15-01
- MCRHC #1 Ordinance 15-06
  - Chairman Giles said the fixing of food handling fees ordinance passed.

- Fall Final Rabies Schedule
- SLH Activity Report 03/16/2015 through 09/22/2015
  - Chairman Giles discussed that he did a ride-along with the Commission and that anyone could do the same. He did not go with Mike Kowal. He went with the Chief REHS and Dominick. He mentioned that he had seen a roach infestation property where upstairs residents felt they were clean, but they actually were not. The downstairs residents were clean. Chairperson Giles mentioned that the residents were treated respectfully. The property manager knew the pesticide rules but cock roaches are very difficult to get rid of. The infestation problem had been ongoing for 12 years and had just gotten worse and worse. Chairperson Giles indicated that it was in Ocean Township. Chairperson Giles felt his ride-along was very interesting. He indicated he would like to do a food inspection ride-along as well. He also visited an abandoned property with a collapsing pool. He pointed out that only so much can be done and that the law does have to be followed. Chairperson Giles also took a tour of the landfill and felt that also was very interesting. He mentioned they actually have a hawk being trained to keep seagulls away. Chairperson commended Dominick as being very interesting and knowledgeable.
  - Chairperson Giles brought up the issue of Ecigs and the need of maybe creating an Ecig ordinance. He wanted to poll the Borough Board of Health. Chairperson Giles wanted to see how the Board felt about it. There is a desire on the part of the Health Officer and the President who are interested in creating an ordinance regarding Ecigarettes. There really is not much regulation right now, for example, indicating what is in them. Many local Boards of Health are having people register for Ecig selling and they pay a fee, just as restaurants and food establishments have and the idea is to be able to go in and check, and make sure they are not selling to minors. That way, there would be a regulation set and the money would go to the health department which defrays costs to member towns. It has been brought up twice and turned down twice. Chairperson Giles feels it would be nice to show local support and let the Commission know that we do have an interest in supporting that ordinance. Board Member Rose thought it sounded like a good idea. Vice Chairperson Hanlon asked about the fee and Chairperson Giles explained there are many different fees from different towns. Some fees are onerous but that the ones the Commission is suggesting are more middle-of-the-road. Mike Kowal mentioned that the money collected many times goes toward education regarding Ecigs. Chairperson added it would go toward information about the downside of Ecigs and the fact that it is a poison. Also information is then posted where the product is sold, such as the health information. Chairperson Giles mentioned it is really misunderstood and is poison. After the discussion, the consensus was that the town would support the fee ordinance. Chairperson Hanlon asked if in our town would it only affect 7-11? Mike Kowal said, yes, it would be 7-11 in our town. Chairman Giles said there are 21 member towns and there are many establishments in those towns who are selling Ecigarettes, and opening up vapor lounges, which would be another type of place to be regulated. Mike said the issue is kids think it is cool and it is cheap now but you do get

addicted to nicotine and it becomes expensive. He mentioned the appeal of various flavors. He also mentioned they are expensive, and you have kids who do not smoke, but this is more likely to lead to them starting. Chairperson Giles said that it actually is not a way to stop smoking, but a way to start. Vice Chairperson Hanlon commented that they talk about it in health class. From her research, she has seen that the starter kit is the most expensive part, approximately \$60. She said that kids think there is no harm or risk associated with the Ecigs or vapor. Vice Chairperson made the comparison to warnings on cigarettes and Mike Kowal pointed out that the FDA is not involved so they are limited on what warnings can be placed on product. Vice Chairperson Hanlon said that there have been small children who come in contact with the cartridges and OD on the nicotine. She said that she thought there was a move for the FDA to get involved. Mike said they are trying to determine the effects of the Ecigs and vapor. Mike Kowal mentioned that in NJ there is a Smoke Free Air Act which excludes Ecigs being used in restaurants, bars, public places. That's part of the reason and appeal for lounges.

- Chairperson Giles asked about the Activity Report. Mike Kowal said that everything was business as usual, but Mike said he just wanted to point out that the flu clinics are administering more pneumonia vaccines than flu vaccines and that regarding 65 year and older people, the CDC has recommended two pneumonia vaccines; one one year, and one the following year after flu season.

Chairperson Giles asked if there is anything from anyone else. The response was no.

7. VOICE OF THE PUBLIC

8. VOICE CLOSED BY / AT : PM

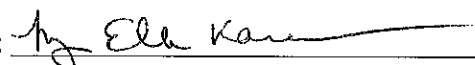
9. UNFINISHED BUSINESS:

10. NEW BUSINESS: Spring Health Fair - Chairperson Giles mentioned that he will speak to

11. surrounding member towns about a possible joint health fair in the future.

12. ADJOURNMENT:

ALL PRESENT IN AGREEMENT ON MOTION BY: Vice Chairperson Hanlon makes motion; Board Member Skubon seconded; AT 8:00 PM; ALL YES

SIGNED:   
MARY ELLEN KARAMUS  
BOARD OF HEALTH SECRETARY