
**BOROUGH OF SPRING LAKE HEIGHTS
BOARD OF HEALTH**

MINUTES

OF

December 3, 2015

SILENT REFLECTION AND SALUTE TO THE FLAG

1. ROLL CALL: 7:30 P.M.

CHAIRPERSON	LEONARD GILES – Present
VICE CHAIRPERSON	VICKI HANLON - Absent
MEMBERS	KATHRYN MOLOUGHNEY - Present PATRICIA SKUBON - Absent BARBARA ROSE - Present

HEALTH INSPECTOR MIKE KOWAL - Present

SECRETARY MARY ELLEN KARAMUS

2. THIS MEETING IS CALLED PURSUANT TO THE PROVISIONS OF THE OPEN PUBLIC MEETING LAW. NOTICE OF THIS MEETING WAS POSTED ON THE BOROUGH OF SPRING LAKE HEIGHTS WEBSITE AND ON THE BULLETIN BOARD IN THE MUNICIPAL BUILDING.

3. MOTION TO APPROVE AGENDA:
Motion made by Board Member Rose; Seconded by Board Member Moloughney; All Present, Aye

4. MOTION TO APPROVE MINUTES OF PREVIOUS MEETING:
October 1, 2015: Motion made by Board Member Rose; Seconded by Chairperson Giles; All Present, Aye

5. DISCUSSION ITEMS:

- January 2016 meeting date
 - January Reorganizational and Regular Meetings are scheduled for January 14, 2016 at 7:30 P.M.
- New Jersey Local Boards of Health Association 2016 Membership
 - Board Member Moloughney asked about the New Jersey Local Board of

Health. Chairperson Giles suggested that the Board does join the New Jersey Local Board of Health Association for the Year 2016. He mentioned the various courses that are offered online. He explained that we are members. You can go on the website and they have courses which you can select from. When asked about courses, he responded that he finds the first course on being a local Board member is helpful. He finds the courses informative. He specifically mentioned the emergency management course as an example of the type of course offered. Chairperson Giles asked Mike Kowal if he had taken any of their courses. Mr. Kowal responded that he had taken similar courses, but not their courses.

6. COMMUNICATIONS:

- September Health Officer Report
- October Health Officer Report
- November Health Officer Report
 - Chairperson Giles asked if there were any questions on the Health Officer reports. There were no questions.
 - Chairperson Giles also brought up the fact that he has attended all of the Commission's meetings, and that they are still pursuing their accreditation and it will take several years.

Chairperson Giles informed the Board that Long Branch had asked for information on Health Commission membership and services.

Chairperson Giles also reported that the State has decided not to perform STD investigations and TB investigations because the one person in the State who was performing that function is retiring. Therefore they are now trying to pass it down to the Local Health Departments. Board Member Rose inquired about what that will entail. Mike Kowal explained that once a case is reported to the Department, contact is made with the case, and then the case is followed making sure that they are up-to-date with their doctor and the case is followed until the case is cleared by the physician. He also explained that it is a long process which can be time-consuming. There are home visits involved, interviewing them, finding out whom their partners are so they can too be contacted. Those are the aspects involved with the STD process.

As far as TB, Mike Kowal mentioned that they used to do screenings. Teachers would come to their Department to be screened for TB but now they no longer do it based on the State funding. If someone does have TB diagnosed, they need to be followed, and, the case followed, for example, watched taking meds. That would either be at the Department or going out to the person diagnosed. Board Member Moloughney asked if teachers still are required to have the TB and Mike Kowal responded yes, it is still required but the Commission no longer does the screenings. Mike Kowal also pointed out that for the STDs there will be a year transition from the case management point of view from the State. Then the Commission will be on their own. There also could be a possible grant to give another year to the Commission to help figure everything out.

- Chairman Giles inquired if there was anything else going on at the Health Department. Mike Kowal responded no, there was not. Chairman Giles told the Board that the budget had passed for next year.
- Chairman Giles asked Mike Kowal about the local activity report. Mike responded that the Fairway Mews flu/pneumonia clinic was pretty successful. There were more pneumonia vaccines given. He also mentioned that now there are two given as opposed to just one after age 65 which he thinks boosted the clinic attendance.
- Mike Kowal informed the Board that the Rabies Clinic was much more successful this year than last year due to the weather. There were a total of 28 dogs and cats in attendance. There was one dog specimen sent to the State Rabies Lab for testing because he attacked his owner and dog walker. It was quite vicious. The dog did not have rabies. Chairperson Giles asked how long it takes to diagnose the dog. Mike responded 24 to 48 hours. Mike also said that weekends are tougher as far as time for results to be back, but that people can start prophylaxis injections, which is wise to do, and stop them if the rabies is negative. It is more effective treatment-wise closer to the incident. Mike Kowal responded to Chairperson Giles' inquiry of how long is the regimen that it is 5 injections. Board Member Moloughney mentioned that it is apparently a painful process, and that the needle is large. Mike Kowal said the first injections go into the exposure site. Chairperson Giles asked if originally it was the stomach and Mike Kowal said the stomach, buttocks; high density muscular area. After that, it is a four-week long process. He also said that insurance usually does not cover it and it is expensive. Usually the only place to get it is the emergency room. Local doctors do not carry the rabies vaccine and there is a limited supply. The Board members then discussed the high cost of prescription drugs.
- Chairperson Giles asked if there was anything else. Board Member Rose mentioned the satisfactory rating for the cafeteria. Board Member Moloughney inquired if the Commission is responsible for only the cafeteria/kitchen in the school. Mike Kowal confirmed that the Commission inspects just the kitchen area. They asked who handles school cleanliness inspections. Mike Kowal said the DCA may handle that or a branch off of them. Chairperson Giles asked about guidelines for cleaning procedures in the school and what is to be used on surfaces and sanitizing. Mike Kowal said he would look into State avenues as far as any concerns about the school's cleanliness. There was a discussion concerning options for the school's cleanliness. Board Member Rose and Molughney did mention that the Nurse's Office is immaculate, and Mike Kowal commented that the kitchen area is clean. Chairperson Giles inquired if the Board of Health should write a letter to the school. Chairperson Giles asked Mike Kowal if he could comment on the condition of the school in general as to what he observed. Mike Kowal said that the kitchen is his jurisdiction; therefore, he could not. Mike Kowal said he will look into the State level to see if he can find a contact. Mike Kowal stated that it may also be the Department of Education. Chariperson Giles asked if there were guidelines for what the school should be cleaned with; he mentioned in his office that is

the case. Mike Kowal stated that yes, he believes there are guidelines. Air quality was also brought up. Mike Kowal will get back to the Board with some information.

- Updated Board Contact List
- SLH Activity Report 10.01 15 through 11.17.2015

7. VOICE OF THE PUBLIC

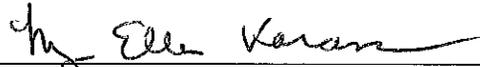
8. VOICE CLOSED BY / AT : PM

9. UNFINISHED BUSINESS:

10. NEW BUSINESS:

11. ADJOURNMENT: ON MOTION BY:
Board Member Moloughney; Seconded by Board . Member Rose AT 7:56 PM;
ALL YES

SIGNED:



MARY ELLEN KARAMUS

BOARD OF HEALTH SECRETARY